



## SHIRE OPENING HOURS

8.30am to 4.30pm  
Weekdays (closed  
Public Holidays)

Licensing Closes 4pm

## NEXT COUNCIL MEETING

21 October 2020

Ordinary Council  
Meeting  
commencing 2pm

## TIP HOURS

7.30am - 4.00pm  
Saturday - Monday

## POOL HOURS

Currently closed  
Reopening November  
2020

## RANGER CONTACT

24 hours / 7 days  
Ph: 0459 678 154

## WASTE COLLECTION

Every Tuesday

## RECYCLING DATES

20 October 2020 and  
3 November 2020

## CONTAINERS FOR CHANGE

When you recycle with Containers for Change, you get a 10 cent refund for every eligible container you return. There are two collection points available in Pingelly. One is available at Pingelly Exchange Tavern where you will keep the refund, with another set up at the Pingelly Recreation and Cultural Centre where your refund will form a donation.

To get started you will need a Scheme ID at [www.containersforchange.com.au](http://www.containersforchange.com.au). Setting up a Scheme ID will enable your refund to be deposited into your bank account. The next step is to collect eligible containers which include aluminium, glass, steel and paper (milk and wine bottles are ineligible for a refund).

Place your containers in your own biodegradable bags. Label your bag by either writing your Scheme ID and name inside the bag, or use labels from the collection point. Then simply drop your at the collection point and once a week a Containers For Change representative will collect the items for processing.

After this point the refund takes up to 3-5 business days to appear in your bank account.

More information is available by calling 13 42 42, or visiting the website [www.containersforchange.com.au](http://www.containersforchange.com.au)

## MENTAL HEALTH WEEK

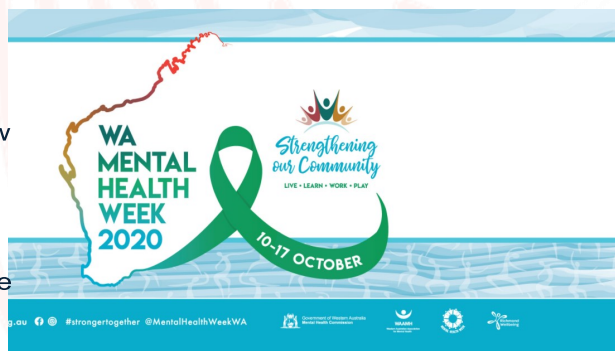
This week is Mental Health Week; an annual campaign facilitated by the Western Australian Association for Mental Health (WAAMH) to improve community awareness and interest in mental health and wellbeing. The 2020 theme is dedicated to **Strengthening Our Community—Live, Learn, Work, Play** with the focus to:

- Encourage each of us to support and look out for one another
- Promote mental health literacy and self-care tips
- Raising awareness of mental health issues and reducing stigma associated with seeking support.

Attached to this week's Shire News is a Mental Health Calendar by WAAMH and an Optimistic October Calendar by Action For Happiness. For tips and advice visit the Mental Health Week website <https://mentalhealthweek.org.au/>

## RESTRICTED BURNING PERIOD

Due to the extremely dry conditions the Restricted Burning Period will now end on 18 October 2020. Residents will still have until 31 October 2020 to carry out hazard reductions and install fire breaks. Permits will only be issued for protective burning. The prohibited Burning Period will commence on Monday 19 October 2020 and end on 15 February 2021.





## YOUTH GROUP OPEN DAY

Our local young people were treated to an action-packed day to conclude the school holidays! Fair Game delivered interactive health, wellbeing, sport and art activities, as well as made great competition in table soccer, air hockey and pool. We enjoyed a healthy lunch, as well as a visit from Jason Macander, Sergeant from Pingelly Police Station, who met some of our local people for the first time. Check out the flyer attached to this week's Shire News for information about upcoming sessions.

Thankyou to the following partners local businesses for supporting the Open Day: Shire of Pingelly | Pingelly Community Resource Centre | Pingelly Recreation & Cultural Centre - PRACC | Pingelly Iga X-press | Pingelly Quality Meats | Fair Game

## COMMUNITY GRANT SCHEME ROUND 2



The Shire's Community Grant Scheme in 2020-21 has undergone changes to improve accessibility to the funding, re-align the priority areas to better reflect community aspirations from the 2020-30 Strategic Community Plan, as well as to simplify the application process.

Applications for Round 2 are now open and close on 25 November 2020 with a notification of outcome received by 17 December 2020. To access the Guidelines and Application Form visit the Shire's website and to discuss your project's suitability, contact Sam Kempton, Community Development Officer, to make an appointment via 9887 1066 or [cdo@pingelly.wa.gov.au](mailto:cdo@pingelly.wa.gov.au)

## MEN'S SHED DRUM MUSTER A SUCCESS!

This week the Pingelly Men's Shed facilitated a Drum Muster at the Shire's Depot to recycle empty chemical containers donated from the community, while raising funds to support the important work they do for our community. Graeme from drumMUSTER & ChemClear also provided an informative training and safety update to members of the Men's Shed.

If you have empty eligible containers and didn't make it down this time, be sure to contact the Shire so you can be added to our expression of interest list. The Pingelly Men's Shed are interested in facilitating another Drum Muster before the end of the year



## BUSH FIRES ACT

It is hereby notified for public information that pursuant to the provisions of the Bush Fires Act 1954 the Shire of Pingelly has appointed the following Shire of Wickepin Fire Control Officers: Mr Roger Butler and Mr Steve Rose as a Dual Fire Control Officers for the 2020/21 fire season.

Julie Burton  
**Chief Executive Officer**

### Contact Us:

17 Queen St Pingelly

Ph: 9887 1066

Email: [admin@pingelly.wa.gov.au](mailto:admin@pingelly.wa.gov.au)



Cr Bill Mulroney: 0427 871 191  
(Shire President)  
Cr David Freebairn: 0427 877 011  
Cr Peter Wood: 0427 968 452  
Cr Kacey Hastings: 0410 666 056

Cr Jackie McBurney: 0427 944 456  
(Deputy President)  
Cr Bryan Hotham: 0477 004 157  
Cr Anthony Oliveri: 0499 795 792  
Cr Peter Narducci: 0417 953 386

# Mental Health Month

# October 2020

**10 OCT**  
WORLD MENTAL HEALTH DAY

Mental Health  
Australia



Try these suggested activities to connect with others, have a bit of fun, and look after your mental health during October! #Lookafteryourmentalhealthaustralia

			THUR	FRI	SAT	SUN
MON	TUE	WED	<b>01</b> Pick a fun book and read it throughout the month	<b>02</b> Send a kind message to a friend or family member (challenge yourself to send one message a day!)	<b>03</b> Bake something you've never tried to before	<b>04</b> Go for a walk around your neighbourhood
<b>05</b> Aim to be in bed at an early hour – challenge yourself to do this for the rest of the week	<b>06</b> Hand write some cards and send them to people you care about	<b>07</b> Call a friend or family member	<b>08</b> Cook your favourite meal for dinner	<b>09</b> Wear some odd socks and post a photo of them on social media #OSD2020	<b>10</b> <b>WORLD MENTAL HEALTH DAY</b> Make a promise to look after your mental health	<b>11</b> Take a break from social media and the news – challenge yourself to go the whole day
<b>12</b> Drop a note into your neighbour's letterbox, letting them know you're around if they need anything	<b>13</b> Try a new exercise like yoga, running or HIIT – challenge yourself to do it three times this month	<b>14</b> Put on your favourite song and sing along loudly – dance around!	<b>15</b> Donate some clothes and/or items from around your house that could benefit others	<b>16</b> Take a photo of something beautiful and send it to a friend with a kind message	<b>17</b> Video chat a friend or family member, or have a cup of tea in person if you can	<b>18</b> Go for a long walk and listen to a podcast you like, or try a new one
<b>19</b> Watch your favourite movie	<b>20</b> Clean up your bedroom, light some candles and read some of your book	<b>21</b> Invite a friend over for a meal/video chat with them over a meal	<b>22</b> Make an effort to compliment/thank the people you interact with	<b>23</b> Leave a positive review for a local restaurant/shop or somewhere you frequent in your area	<b>24</b> Do something creative, like drawing, colouring or writing a story – just for you!	<b>25</b> Call a trusted friend and tell them how you've been going, and invite them to do the same
<b>26</b> Get dressed in your favourite outfit	<b>27</b> Sit outside for a little bit and soak up the sun	<b>28</b> Watch an episode of your favourite TV show – recommend the show to a friend	<b>29</b> Think of three people you are thankful for – then tell them!	<b>30</b> Write down 5 things you are grateful for... then 5 more... then 5 more!	<b>31</b> Make a list of the things you enjoyed doing this month – and do them again next month!	





# ACTION CALENDAR: OPTIMISTIC OCTOBER 2020



## MONDAY

**"Choose to be optimistic.  
It feels better" - Dalai Lama**

## TUESDAY

## WEDNESDAY



## THURSDAY

## FRIDAY

## SATURDAY

## SUNDAY

**5** Start your day with the most important thing on your list

**6** Do something constructive to improve a difficult situation

**7** Remember that things can change for the better

**1** Write down your most important goals for this month

**2** Look for reasons to be hopeful even in difficult times

**3** Take the first step towards a goal that really matters to you

**4** Be a realistic optimist. See life as it is, but focus on what's good

**12** Look for the good intentions in people around you today

**13** Put down your To-Do list and let yourself be spontaneous

**14** Do something to overcome an obstacle you are facing

**8** Make progress on a project or task you have been avoiding

**9** Avoid blaming yourself or others. Just find the best way forward

**10** Take time to reflect on what you have achieved this week

**11** Focus on a positive change that you want to see in society

**15** Look out for positive news and reasons to be cheerful today

**16** Thank yourself for achieving the things you often take for granted

**17** Share your most important goals with people you trust

**18** Make a list of things that you are looking forward to

**19** Set hopeful but realistic goals for the week ahead

**20** Find the joy in completing a task you've put off for some time

**21** Let go of the expectations of others and focus on what matters

**22** Share an inspiring idea with a loved one or colleague

**23** Write down 3 specific things that have gone well recently

**24** Recognise that you have a choice about what to prioritise

**25** Plan a fun or exciting activity to look forward to

**26** Start the week by writing down your top priorities & plans

**27** Be kind to yourself today. Remember, progress takes time

**28** Ask yourself, will this still matter a year from now?

**29** Find a new perspective on a problem you face

**30** Set a goal that links to your sense of purpose in life

**31** Think of 3 things that give you hope for the future

**25** Plan a fun or exciting activity to look forward to



**ACTION FOR HAPPINESS**



[www.actionforhappiness.org](http://www.actionforhappiness.org)

Learn more about this month's theme at [www.actionforhappiness.org/optimistic-october](http://www.actionforhappiness.org/optimistic-october)

**Keep Calm · Stay Wise · Be Kind**

**MOORDITJ KOOLINGARS I SOLID KIDS**

**PINGELLY YOUTH GROUP**

**STARTS THIS FRIDAY 16 OCT**

**Year 1-5 from 6pm - 7.30pm**

**Year 6-12 from 7.30pm - 9.30pm**

**NEW MEMBERS WELCOME**

For more information, chat to:

Tracie Skinn, Chairperson | 0423 079 442



## **Works Coordinator**

The Shire of Pingelly is seeking a suitably qualified and motivated Works Coordinator to join the Shire's Technical Services team.

This is a key position reporting to the Executive Manager Technical Services, and is responsible for the planning and delivery of capital works programs and asset maintenance throughout the Shire. The role includes overseeing a team in the areas of civil construction and maintenance, parks and gardens, mechanical services and building maintenance.

The successful candidate will have at least five years demonstrated experience in a similar role, proven ability to motivate staff to maintain a high standard of work ethic and behaviours, and excellent time management skills. Sound written and verbal communication skills, a good understanding of Occupational Safety and Health, technical understanding of design specifications and standards, and a desire for continuous improvement are all required attributes.

An attractive remuneration package will be negotiated with the successful candidate, dependent on qualifications, skills and experience, including a cash salary between \$80,000 and \$90,000, up to 14.5% superannuation, four weeks annual leave, one rostered day off per fortnight, and restricted private use of a vehicle.

Pingelly is located just 90 minutes south east of Perth in the Southern Wheatbelt. The town of Pingelly offers a safe rural lifestyle with good shopping and sporting facilities together with a primary school and bus connection to the regional high school. Further information about Pingelly can be obtained via the Shire's website [www.pingelly.wa.gov.au](http://www.pingelly.wa.gov.au).

To obtain an application package with details on how to apply, please visit the Shire's website [www.pingelly.wa.gov.au](http://www.pingelly.wa.gov.au) or contact [ea@pingelly.wa.gov.au](mailto:ea@pingelly.wa.gov.au) for an application package.

Applicants must address the selection criteria, include a covering letter detailing relevant experience and qualifications and a resume that includes two work related referees and contact details. Applications must be received by 4:00pm Tuesday 20 October 2020 and be addressed to the Chief Executive Officer, Shire of Pingelly and marked Confidential – Works Coordinator.

The Shire of Pingelly is an equal opportunity employer.

Julie Burton  
**Chief Executive Officer**